

ARU

GLUTENFREE COLOMBIAN STREETFOOD



APPETIZERS

PLATANITOS CHIPS <i>[EGG]</i>	79,-
Chips made from green plantains, served together with our homemade garlic dip.	
YUCA FRIES <i>[EGG]</i>	99,-
Cassava (or yuca), a starchy root often used in Latin America and Caribbean cuisines, served together with our homemade smoked aioli!	
PATACON PISAO	139,-
Fried green plantain, served with Guacalome & Aji.	
AREPAS CON QUESO <i>[ME]</i>	129,-
Grilled arepas with melted gouda cheese	
PATACONES <i>[SEL, SOY]</i>	189,-
Fried green plantain, topped off with guacamole, Pulled beef / Chicken / Chicharron / Mushrooms & homemade pickled red onions.	
CHICHARRON <i>[SEL]</i>	199,-
Fried pork belly served together with our homemade Aji & Lime.	



EMPANADAS

Empanadas are perhaps South America's most famous dish, with each country and region having their unique twist on this famous hand pie. Our empanadas are traditional Colombian empanadas, made from corn flour and elaborated with our family recipe, originating from Northern Colombia!

*We recommend 3 empanadas for lunch, or 4 for dinner.
For an authentic experience, add one of our homemade dipping sauces!*

EMPANADAS *(SEL,SOY,ME)* 59,- PC
Carne / Pollo / Papa con carne / Lentils / Queso.

RUMBA - 3PCS 259,-
Choose 3 Empanadas + our homemade Limonada
Dip: Aji or Garlic sauce

EMPANADAS TO SHARE

AMIGOS - 8 PCS 510,-
2 Carne, 2 Pollo, 2 Lentils, 2 Queso
Dip: Aji & Garlic sauce *(SEL, SOY, EGG, SEN)*

MARTHA 'S - 10 PCS 610,-
2 Carne, 2 Pollo, 2 Papa con carne, 2 Lentils, 2 Queso
Dip: Aji & Garlic sauce *(SEL, SOY, EGG, SEN)*

FAMILIA - 20 PCS 1220,-
5 Carne, 5 Pollo, 5 Lentils, 5 Queso
Dip: Aji & Garlic sauce *(SEL, SOY, EGG, SEN)*

DIPS

AJI - Aji (AHI) is our homemade Colombian salsa with tomatoes, red onion, cilantro, chilli and lime. 35,-

GARLIC SAUCE - Homemade garlic sauce made from our special recipe. *(EGG)* 35,-

GUACAMOLE - A delicious homemade guacamole dip. Made of fresh avocados, garlic & red onions. 35,-

AREPAS

Arepas are made from gluten free corn flour and formed into a circular shape. This versatile dish can be prepared on a grill, fried or roasted and are filled to the brim with our unique fillings!

- CHICHARRON AREPA** *(SEL, EGG)* 259,-
Fried pork belly, aioli, parsley & pickled red cabbage. Served with chips made from green plantains & Aji.
- SANDRA 'S** *(SEL, SOY, EGG, SEN)* 259,-
Pulled beef, Chicken, Salad mix, Tomatoes, Pickled red onions, Cilantro, Alfalfa sprouts, Avocado cream & Tartare dressing.
- PULLED BEEF** *(SEL, SOY, EGG, SEN)* 259,-
Pulled beef from beef chuck, Salad mix, Tomatoes, Pickled red onions, Cilantro, Alfalfa sprouts, Avocado cream & Tartare dressing.
- CHICKEN** *(EGG, SEN)* 249,-
Chicken, Salad mix, Tomatoes, Pickled red onions, Cilantro, Alfalfa sprouts, Avocado cream & Tartare dressing.
- VEGAN** *(SEL, SOY)* 229,-
Aroma mushrooms, Salad mix, Tomatoes, Pickled red onions, Cilantro, Alfalfa sprouts & Avocado cream.



TROPICAL JUICES

Tropical juices made of fresh fruit pulp imported from South America

AREPA ´S LEMONADE	69,-
Homemade lemonade made with raw sugar cane & fresh lime juice.	
MARACUYA	79,-
(MARACUJA) Passion fruit Juice, pleasantly sweet, sour & super refreshing!	
TAMARINDO	79,-
A type of tropical fruit native to Africa but it also grows in other tropical regions including Colombia. An unique sweet, sour & refreshing taste!	
LULO	79,-
An exotic fruit found in South America with a citrusy & sweet taste!	
GUANABANA [ME]	79,-
Soursop, an exotic fruit found in South America and Southeast Asia!	
MORA ANDINA [ME]	79,-
A species of blackberry found in South America! Super tasteful and sweet!	

SOFTDRINKS

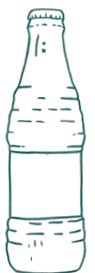
Pepsi, Pepsi Max, Solo, 7Up free	59,-
Eplemost	59,-
S. Pellegrino	55,-

COFFEE

Espresso	35,- / 45,-
Americano	35,- / 45,-
Cappuccino / Latte	45,- / 55,-
Tea, Earl grey	40,-

SOUTH AMERICAN SOFTRDRINKS

COLOMBIANA	65,-
Soda from Colombia with a fruity undertone	
ROJA HIPINTO	65,-
Red kola from Colombia	
PIÑA HIPINTO	65,-
Pineapple flavored soft drink from Colombia	
MANZANA POSTOBON	65,-
Apple flavored soda from Colombia, flowery & sweet	
UVA POSTOBON	65,-
Grape flavoured soda with the classic candy-grape flavour	
INCA KOLA	65,-
Sweet & fruity flavoured soda from Peru	
GUARANA	65,-
Soft drink that originated from Brazil. A sweet & crisp taste with a berry-like after taste!	
FRESCOLITA	65,-
Venezuelan Cola with a taste similar to gum, tasteful & super sweet!	
PONY MALTA <i>[HV]</i>	69,-
Non-alcoholic malt beverage from in Colombia. A all-natural product providing nutritious energy & hydration.	
MALTIN POLAR <i>[HV]</i>	69,-
A malted, non-alcoholic and sweet beverage from Venezuela. Made from barley and 100% sugarcane.	



BEER

DRAFT BEER

Ringnes Pilsner *(HV)*

1664 Blanc *(HV)*

0,25/0,4

55,- / 110,-

60,- / 120,-

BOTTLED BEER

Ringnes Lite

Corona Extra

San Miguel, glutenfree

105,-

110,- / Bucket 630,-

110,- / Bucket 630,-

NON- ALCOHOLIC

Clausthaler, alcohol free *(HV)*

Spicy Gingerbeer, T. Henry

69,-

69,-

COCKTAILS

ESPRESSO MARTINI

Espresso, Grey goose vodka & coffee liqueur

159,-

PASSIONFRUIT MARTINI

Vanilla vodka, fresh passionfruit, lime & prosecco

159,-

AREPA ´S COCO COLLINS

Eminente reserva, lime juice, coconut syrup & sparkling water

159,-

CILANTRO MARGARITA

Patron Reposado, lime juice & fresh cilantro

159,-

GIN & TONIC

Hendriks gin, pared with premium indian tonic water & lime

140,-

APEROL SPRITZ

Aperol, Jeio Prosecco Brut & sprite

140,-

CHANDON GARDEN SPRITZ *Mendoza, Argentina*

Combined Chandon sparkling wine with bitter liqueur made from natural orange peel extract, carefully selected spices and locally sourced Valencia orange.

187 ml 149,-

WINE

ROJO

MALBEC, TERRAZAS DE LOS ANDES	140,- / 699,-
2021 Mendoza, Argentina	
CABERNET SAUVIGNON, TERRAZAS DE LOS ANDES	142,- / 710,-
2020 Mendoza, Argentina	
PINOT NOIR, GIANNU TESSARI	135,- / 670,-
2022 Veneto, Italy	
BEAUJALIS L ´ANCIEN, JEAN-PAUL BRUN	790,-
2021 Burgund, France	
BARBERA D ´ALBA, BORGOGNO	810,-
2021 Piemonte, Italy	
PINOT NOIR, TYLER	920,-
2021 Santa Barbara, Usa	

BLANCO

CHARDONNAY, TERRAZAS DE LOS ANDES	140,- / 699,-
2021 Mendoza, Argentina	
RIESLING KABINETT TROCKEN, C.A.I BATTERIEBERG	142,- / 710,-
2021 Mosel, Germany	
CHARDONNAY CLASSIC, JEAN-PAUL BRUN	790,-
2022 Burgund, France	

ESPUMOSO

JEIO PROSECCO BRUT, BISOL DESIDERIO & FIGLI	135,- / 699,-
Prosecco, Italy	
CAVA BRUT, VITA VIVET ORGANIC	650,-
Cava, Spain	
CREMANT DE LOIRE BRUT, GRATIEN & MEYER LOIRE	699,-
Loire, France	
CHAMPAGNE BRUT, VEUVE CLICQUOT PONSARDIN	1250,-
Champagne, France	



QUICK GUIDE TO COLOMBIAN SPANISH

QUIUBO

Meaning : What 's up? / How 's it going?

Quiubo parce? - What 's up bro?

PARCE

Meaning : bro / dude / mate

Quiubo parce? - What 's up bro?

CHIMBA

Meaning : Cool / Nice / Awesome

Que chimba! - That 's awesome!

BACANO

A slightly less crass way of sayng chimba

Meaning : Cool / Nice / Awesome

Que carro tan bacano? - That 's a cool car?

DAR PAPAYA

Literal meaning : To give papaya

Slang meaning : To ask for it

Oiga, no de papaya! - Hey, dont give papaya!

EL PARCHÉ

Literal meaning : The patch

Slang meaning : The homies

Voy a salir con mi parche! - I 'm going out with the homies!

BRILLAR BALDOSA

Literal meaning : To shine the tiles

Slang meaning : To dance

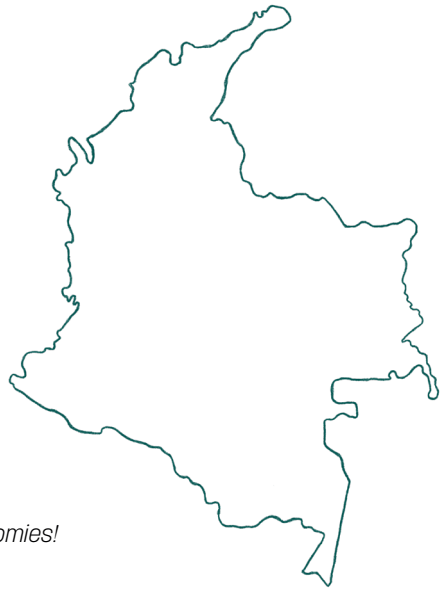
Vamos a brillar baldosa! - Let 's go dancing!

GUAYABO

Literal meaning : A guava tree

Slang meaning : To be hangover

Tengo un guayabo! - I 'm so hangover!





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